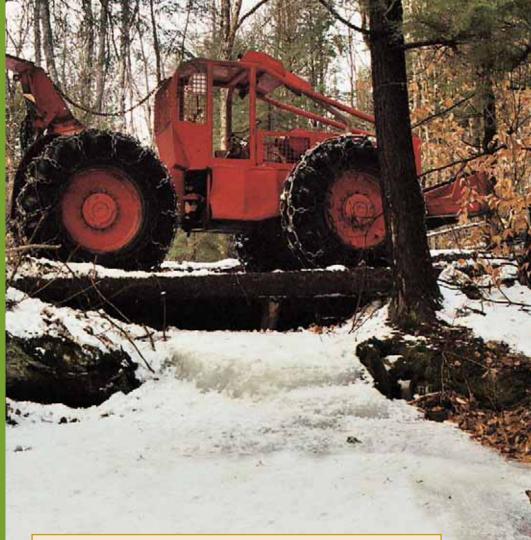
## BMPs FOR EVERY STAGE OF THE HARVEST

The remaining sections of this manual cover specific Best Management Practices that are appropriate for a variety of situations or stages of a harvest operation. All are techniques that are intended as steps toward achieving one or more of the Fundamental BMPs listed in the previous section.

The specific BMPs you select in any given situation will depend on a range of factors: the site itself—including terrain, slope, soils, and location in the watershed—as well as the forest stand type, equipment, materials, and experience. The following guidelines are applicable in many situations. However, specific practices may need to be implemented in unique combinations, modified for particular circumstances or incorporate new technology or research in order to meet the objectives of the Fundamental BMPs.







#### **HIGHEST PRIORITIES**

- Minimize damage to the streambed and banks.
- Avoid altering the channel or restricting the flow of water.
- Maintain fish passage.
- Minimize and stabilize exposed soil on crossing approaches.
- Control runoff on approaches.
- Close out the crossing properly.

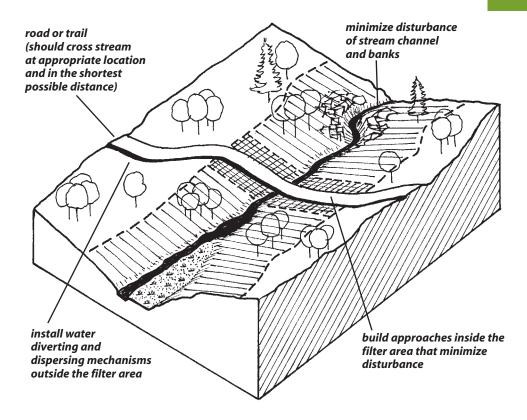
### STREAM CROSSINGS

Stream crossings can have a significant negative impact on water quality. However, these impacts can be minimized by making sure your temporary and permanent crossings are properly installed.

Stream crossings encompass the entire section of a road or skid trail as it crosses the filter area on both sides of the stream, including:

Some laws limit the use of "temporary" crossings to a few months, require permits, and/or require certain measures or design features.

- the channel itself;
- the stream banks: and
- the road or trail approaches (at a minimum, a length equal to the recommended width of the filter area at that point).



Stream crossings typically require consideration of several factors.

There are two types of crossings, temporary and permanent:

**Temporary crossings** are generally in place for up to several months. Stream crossings on trails used by skidders, forwarders, and other yarding and felling equipment are usually temporary.

**Permanent stream crossings** are intended to be in place for many years. Truck road crossings, for example, are often permanent and require careful design, installation, and long-term periodic maintenance. Permanent crossings are occasionally used for skidding or forwarding, but usually only if there are other access needs for the crossing.



A temporary bridge on a winter skid trail.



A permanent bridge.

Plan stream crossings before road construction, trail layout, and harvesting begin.

Crossings on streams with fish may be required to allow fish passage through or underneath. See page 40 for general fish passage guidelines. Call the Maine Department of Inland Fisheries and Wildlife for help identifying streams with fish habitat at (207) 287-8000.

Determine if a temporary or permanent crossing is needed. Select the type of crossing that best matches the site and stream characteristics, and the need for access. If you don't need permanent access, properly installed temporary crossings may have less of an impact on water quality.

#### **Temporary stream crossings include:**

- portable bridges,
- temporary culverts or pipe arches,
- logs or pole fords, or
- brush.

Use temporary structures to keep equipment out of flowing water, to prevent sediment from entering the water, and/or to protect the banks and stream bottom. Portable, removable structures such as bridges, mats, and culverts (when they are installed without additional fill) have the advantage of being reusable.

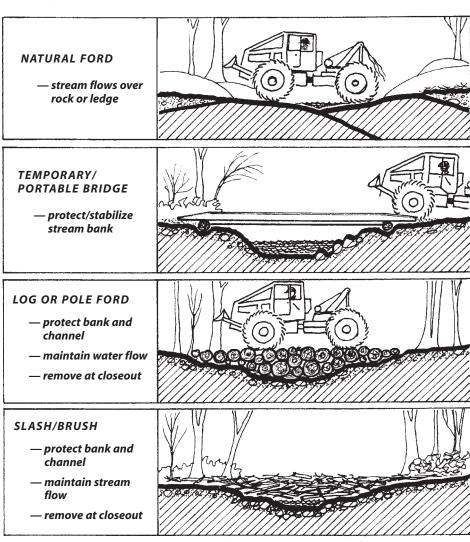


Temporary culvert crossing of a small intermittent stream using slash.

You may not need to use a structure at a temporary stream crossing if sedimentation can be avoided and the stream bottom and banks will not be disturbed. For example, you can use:

- natural fords—locations where the banks and stream bottom are ledge or rocky; or
- winter crossings when frozen conditions prevent sedimentation and stream channel disturbance.

#### Types of temporary crossings



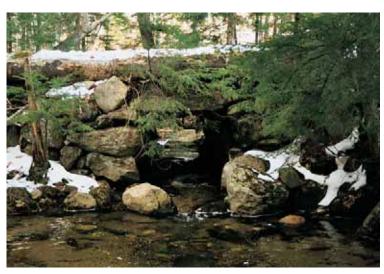
**Permanent stream crossings** are most often used on haul roads, and include:

- bridges,
- · culverts,
- pipe arches, or
- stone fords.

#### **Types of permanent crossings**



A permanent bridge on a truck road.



An old stone culvert still functioning.

3MPs

## Select appropriate crossing locations, based on site and stream conditions.

- Minimize the number of stream crossings needed and maximize the harvest area accessed by each crossing. By locating all of the crossings during the planning stage, you may be able to reduce the number of crossings needed. Decide whether the amount of wood you gain access to justifies a crossing.
- Identify the best available sites for stream crossings. Look for:
  - relatively straight, narrow channels, and stable stream sections;
  - level or gently sloping banks and approaches (on both sides) that are stable;
  - approaches that are more or less at right angles to the channel;
  - hard stream bottom (for crossings where the structure rests on the stream bottom, e.g., pole fords or slash); and
  - areas away from important fish spawning habitat.
- Install crossings when the soil is dry or frozen and the water level is low.
- Minimize impacts to gravel or cobble streambeds where fish may spawn (especially from late fall to spring when you could harm incubating fish eggs).



See the section on "How to Size and Install Bridges and Culverts" on p. 45.



Know what legal requirements, minimum opening sizes, and permits apply for each location and stream crossing type.

## MPs

- Select a type of crossing structure that is appropriate for the structure and shape of the stream and the adjacent terrain.

  Is there a floodplain or wide, flat wetland next to the stream? These are evidence that the stream floods frequently, and you will need to plan the crossing accordingly. Install additional overflow pipes, dips, or other structures to prevent the crossing from washing out at high flows. Also, keep in mind that the type of crossing structure will affect the efficiency of water flow. Culverts may be preferred in narrow, deep gullies or on V-shaped, steep-sided channels. Bridges or box culverts
- 4 Base the opening size on the highest expected stream flows. Size stream crossings appropriately to reduce the chance that high water levels will undermine or wash out the crossing. Washouts cause erosion and damage the stream. Moreover, repairing or replacing a bridge or culvert is a significant cost, and one that can usually be avoided. (See the section on "How to Size and Install Bridges and Culverts," page 45.)

are suited for wider streams with low, flat banks.

Determine the maintenance and closeout needs, and who will be responsible for these tasks. A well-built stream crossing is an investment that minimizes your risk of causing sedimentation and can assure long-term access. Protect that investment by knowing in advance how it will be maintained and closed out.

# Fish Passage

Stream crossings that prevent fish from passing under or through them can reduce the amount of stream habitat available, or the ability of some species to spawn. On the other hand, properly constructed crossings that protect fish passage are often also the easiest to maintain and the least likely to fail or become damaged.

Crossings on streams with fish may be required by law to allow fish passage through or underneath. Call the Maine Department of Inland Fisheries and Wildlife for help identifying streams with fish habitat at (207) 287-8000.

Part of the landowner's, forester's, and operator's planning involves determining whether and where there is fish habitat in a stream that will be crossed. A fisheries biologist can help you to determine where maintaining passage is important, the species of fish for which passage is needed, the seasons when passage is most critical, and how much habitat would be kept available by maintaining passage.

In general, temporary crossings have less impact on fish habitat, depending on the type of crossing, the season(s) of use, and the type of stream. Permanent crossings are more likely to create a significant barrier to fish. Bridges or openbottom culverts that do not restrict the channel or disturb the natural streambed have the greatest potential to protect fish passage. Other crossing structures such as round



Culvert installed below the streambed level to allow fish passage.

culverts, pipe arch culverts, and box culverts can be designed so that they do not obstruct fish. Fish habitat is best preserved when these types of culverts are adequately set into the streambed to create a semi-natural stream bottom inside.

## **3MPs**

- 1 Minimize "velocity barriers" by maintaining natural rates of stream flow. Culverts that constrict flows can increase water speeds beyond the swimming ability of some fish species. Design a culvert's shape, slope, size, and outlet so that the stream's natural rate of flow is preserved and fish can swim upstream through the culvert.
- Minimize "low-flow barriers" by maintaining adequate flows in culverts. Multiple culverts or other designs that spread out flow or broaden the channel may result in water that is too shallow for fish to pass through, especially during summer.
- 3 **Minimize "exhaustion barriers" to fish.** Culverts that are long, steep, or provide no resting areas may tire fish enough to prevent them from passing through.
- Minimize "jump barriers". Culvert outlets that are set too high ("hanging culverts") can prevent fish from entering the culvert. In addition, outlets that scour the stream channel can create fish barriers over time as the streambed is washed out and lowered.
- Minimize "debris barriers". Woody material that accumulates at the inlet of undersized culverts can sometimes obstruct passage. Adequately sized crossings may allow debris to pass through, but culverts require regular maintenance to prevent obstructions.
- 6 Consider possible "behavioral barriers" when choosing the culvert type and material. The type of culvert bottom may discourage some species of fish from passing over or near them because of specific behavioral traits.

Incorporating these principles into the design of stream crossings can reduce the likelihood of creating barriers to fish. For most stream crossing situations, fish passage can be provided by making sure that:

- structures (bridges and culverts) are at least as wide as the stream channel at normal high water mark;
- culverts are embedded slightly (5-25% of their diameter) in the stream substrate;
- a natural stream bottom is retained or re-develops within the structure after installation.

Properly installed water crossings preserve water quality, protect your investment in the crossing, and reduce future maintenance costs.

#### ALL STREAM CROSSINGS

**SMPs** 

- Minimize disturbance to the stream banks, channel, and streambed during installation, use, and removal.
- Minimize and stabilize exposed soils on the approaches within the filter area. During operations, you can stabilize the approaches with brush or other materials.
- Install diversions on the approaches to prevent channeled runoff from entering the stream from the trail or road, and to disperse it into adequate filter areas.
- Build the narrowest roads and trails possible in the filter area and at the crossing.
- Do not obstruct water flow or fish passage in the stream. See the guidelines for fish passage on page 40. Install culverts with the bottom resting on or below the stream bed at the inlet and outlet.
- Minimize work during wet weather or when the soil is saturated.

#### TEMPORARY CROSSINGS

**3MPs** 

- Stabilize crossing approaches with brush or similar materials, before and during operations.
- Protect the approaches by extending temporary bridges well beyond the stream bank.
- Install any temporary, portable bridges so that all portions of the bridge are above the stream's normal high water mark. Keep abutments back from the banks, if possible.



A pole ford.



A temporary bridge.

#### PERMANENT CROSSINGS

3MPs

If possible, build crossings when streams are dry or at low water. If considerable excavation is necessary during periods of regular or high flow, temporarily divert the water while installing the crossings.

Permanent crossings may require permits, especially if water must be diverted during installation.

- Install crossings and approaches using a "no-grub zone" at least the width of the filter area, wherever possible.
  - Minimize excavation on stream banks and approaches.
  - Construct road approaches using fill (instead of grubbing), leaving the forest floor undisturbed, especially outside the road profile. Consider surfacing with clean gravel or stone. This will stabilize the road surface, prevent it from eroding directly into the stream, and keep mud from being tracked onto the crossing structure.
  - Use geotextile and fill on unstable soils or during wet weather.
  - Set abutments back from the stream's edge.

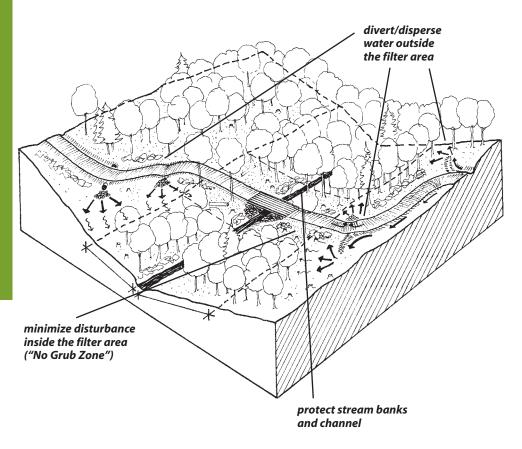
3 Design bridges using solid decking or other features to minimize the amount of material that falls through the deck and into the stream.



Two types of permanent crossings.

**BMPs** 

- Road ditches should not terminate in the stream. Use a broadbased drainage dip or similar structure to divert and disperse water off the road just outside the filter area to the undisturbed forest floor.
- Seed and mulch exposed soil on approaches within the filter area (outside the roadbed). This should be done during or immediately after the road installation, in spring, or in early fall—follow the recommendation of the seed supplier. See p. 28 for more information on seeding.



A permanent stream crossing that minimizes water quality impacts.

## Bridges and Culverts

Properly sizing and installing bridges and culverts in stream crossings is very important. Doing so will prevent these structures from failing or washing out, requiring expensive repairs or rebuilding. Moreover, washouts can significantly impact a stream's water quality.

Before designing bridges or culverts, know which legal standards apply and what permits may be required.

Planning a stream crossing involves selecting the best crossing location and type of crossing structure. The size of the bridge or culvert will be based on the opening size needed for the size of the stream you are crossing.

#### STEP 1:

Determine the degree of flooding the crossing must handle without being damaged or washed out. This will depend on what type of crossing you want and how long you anticipate the crossing to be in place. The longer a crossing is in place, the larger the flood that is likely to occur at any particular location.

## Design the crossing opening to handle at least normal high water (a 1–3 year flood) for:

• temporary trail crossings in place during summer, fall, and/or winter seasons (but not during spring runoff).

#### Design for at least a 10-year flood event for:

- temporary trail crossings that will remain in place during spring runoff,
- temporary road crossings, and
- permanent trail or road crossings that will be regularly maintained.

A 10-YEAR FLOOD EVENT: the highest flood level a stream is likely to reach, on average, in any 10 year period.

#### Design for at least a 25-year flood event for:

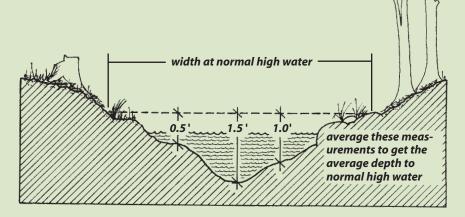
- permanent road crossings that will not be maintained, or
- roads that will be put to bed without removing the crossing.

**EXAMPLE:** You need to install a crossing that will be temporary, but you won't be able to remove it until after the spring runoff. You are planning to use a round culvert.

**SOLUTION:** You need to design the crossing for a 10-year flood event.

#### STEP 2:

Determine the opening size needed to accommodate the expected flood event. The field method described here calculates opening size based on the actual stream dimensions at the crossing location. Be sure to use streambank evidence to measure at the normal high water mark—not just the existing water level.



- To accommodate **normal high water** (a 1–3 year flood), multiply (width) x (the average depth at normal high water), or keep all temporary bridge components above the normal high water mark.
- For a 10-year flood event, use Table B1, or multiply (2.5) x (width of the stream at the crossing location at normal high water) x (average depth of the stream at normal high water).

Table B1 10-year Flood Crossing Opening Size (sq. ft.)						
Stream Width*	Average stream depth* (ft)					
ft.	0.5	1	1.5	2		
1	1.25	2.5	3.75	5.0		
2	2.5	5.0	7.5	10		
3	3.75	7.5	11.3	15		
4	5.0	10	15	20		
5	6.25	12.5	18.8	25		
6	7.5	15	22.5	30		
* at normal high water mark  Bold: bridge, arch, or multiple pipe may be preferred on these larger streams						

 For a 25-year flood event, use Table B2, or multiply (3.5) x (width of the stream at the crossing location at normal high water) x (average depth of the stream at normal high water).

**EXAMPLE:** The average depth of the stream at your chosen crossing site is (1 ft. + 1.5 ft. + 0.5 ft.) / 3 = 1 ft. You determine the width is 5 feet.

**SOLUTION:** You use Table B1 because you are designing for a 10-year flood. That table shows that the opening size at the stream crossing should be 12.5 sq. ft.

#### **STEP 3:**

Design the bridge or culvert to meet or exceed the minimum opening size.

- For bridges or box culverts, determine a width and height that, multiplied together, produce a result that is at least as great as the square footage you determined you needed in Step 2. Bridges should be installed above the normal high water mark or higher.
- For round culverts, select a culvert size using Table C.
  - Find the opening size in the first column that is equal to, or the next size up from, the opening size you determined in Step 2.
  - Find the culvert diameter for that opening size in the second column.
  - If you plan to use more than one culvert, be sure the total opening size of all culverts adds up to the minimum opening size you determined in Step 2. Add opening sizes of the culverts, not culvert diameters.

#### Table B2 25-year Flood Crossing Opening Size (sq. ft.)

Stream Width*	Average stream depth* (ft)				
ft.	0.5	1	1.5	2	
1	1.75	3.5	5.25	7.0	
2	3.5	7.0	10.5	14	
3	5.25	10.5	15.8	21	
4	7.0	14	21	28	
5	8.75	17.5	26.3	35	
6	10.5	21	31.5	42	

\* at normal high water mark

Bold: bridge, arch, or multiple pipe may be preferred on these larger streams

### Table C Culvert Diameter and Opening Sizes

and Opening Sizes				
Opening size (sq. ft.)	Diameter (inches)			
0.20	6			
0.80	12			
1.25	15			
1.75	18			
2.40	21			
3.15	24			
4.90	30			
7.05	36			
9.60	42			
12.55	48			
15.90	54			
19.65	60			
23.75	66			
28.26	72			

#### • For pipe arches

- calculate the required opening size as in Step 2.
- double the opening size, and
- use Table C to find the pipe arch diameter for that opening size. (The opening of pipe arches is approximately half that of round culverts of the same diameter). Make sure the diameter is wide enough to install bottomless/half circle arch footings above the normal high water mark.

**EXAMPLE:** You plan to install a round culvert, so you look for your required opening size of 12.5 sq. ft. in the left-hand column of Table C.

**SOLUTION:** 12.5 isn't listed, but the next highest number is 12.55. The diameter size listed opposite 12.55 in the right-hand column is 48 inches. This is the size culvert you need.

Had you decided to use two culverts instead of one, you would still use the total required opening size of 12.5 sq. ft. Two culverts of 6.25 sq. ft. each would meet the requirement (6.25 + 6.25 = 12.50). Looking at Table C again, the opening size one size larger than 6.25 is 7.05, and the diameter of this size culvert is 36 inches. So you can install one 48"-diameter culvert, or two 36" culverts.

#### STEP 4:

Adjust the bridge or culvert size as necessary to:

- minimize disturbance to the stream channel and banks.
- allow for unrestricted normal flows, and
- allow fish to pass when water is present.

Tip: In most situations, the width of the opening for a bridge or culvert should be at least as wide as the stream channel width at the normal

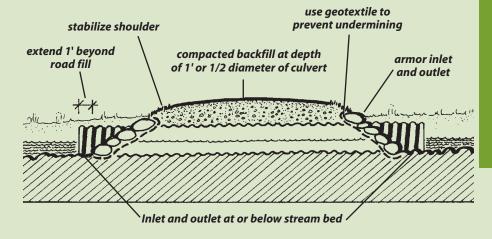
high water mark.

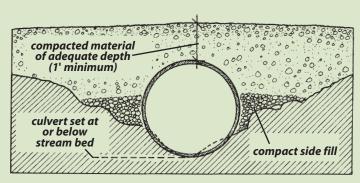
**EXAMPLE:** This stream has fish in it, and is relatively narrow.

**SOLUTION:** One 48" culvert will fit the stream better than two smaller ones. You decide to use the 48" culvert. This will ensure that, even at its lowest level, water will run through the culvert and fish can pass through.

#### When installing permanent culverts:

- Set the culverts with the bottoms slightly below the bed of the stream, and at a 2-3% slope. Avoid "hanging" culverts where the bottom of the culvert outlet is above the low water level.
- Extend the culvert inlet and outlet 1 foot or more beyond the fill or roadbed.
- Cover with compacted backfill to a depth equal to half the culvert diameter, or at least 1 foot deep.
- Stabilize the inlet and outlet of culverts and bridges using cobbles, timber abutments, or other armoring.





AS AN ALTERNATIVE to this field method, consider using a hydrological analysis model and/or assistance from a professional engineer, especially for permanent crossings. See the "References" section for more information.

## **MAINTAIN IT**

#### ON ALL CROSSINGS

## MPs

- 1 Do not allow ditches to terminate directly into the stream or the filter area. Runoff should be dispersed onto the undisturbed forest floor before it reaches the filter area.
- 2 Make sure the approaches within the filter area are stabilized (see "Stabilizing Exposed Soil" on page 24).
- When grading or rock-raking approaches, do not drag material onto the crossing.

#### **TEMPORARY CROSSINGS**

## **BMPs**

- Stabilize the soil on stream crossing approaches in the filter area by using slash, brush, or log corduroy.
- If there is rutting or channeling on the crossing approaches, disperse the water flow to an undisturbed, stable filter area using water bars or similar structures.

#### PERMANENT CROSSINGS

## MPs

- Establish a regular monitoring and maintenance schedule for permanent stream crossings.
- Make sure the crossing approaches are not carrying sediment to the stream. Maintain and re-stabilize them as needed.
- See if the abutments, armoring, and bank stabilization measures are being undermined or damaged, and replace or repair them as necessary. Severe undermining may indicate a poor location for the crossing, improper sizing, or incorrect installation, and can only be corrected by relocating or redesigning the crossing.
- Periodically remove debris and other materials that may block or constrict the culvert or bridge opening.
  Using 15"–18" minimum diameter culverts greatly reduces the need for this maintenance work.

### **CLOSE IT OUT CORRECTLY**

Closeout BMPs will help minimize future damage at both permanent and temporary crossing sites.

## **SMPs**

- As a first step, identify the long-term monitoring and maintenance needs appropriate to the harvest site and communicate these to the landowner, forester, and logger.

  Determine who will be responsible for these tasks.
- Remove temporary structures, slash, and/or other materials from below the normal high water mark when the crossing is no longer used. Do not remove debris that has fallen into the stream naturally.
- 3 Leave brush in place on the approaches and banks (above the normal high water mark) to ensure ongoing stabilization when you closeout.
- Remove bed logs used for temporary bridges unless doing so may cause more disturbance.
- After the harvest, stabilize the remaining exposed soil on the approaches in the filter area. Use additional brush, hay, or other materials. If large areas are disturbed, spread grass seed and mulch.



Closeout of a temporary stream crossing.

### WETLAND CROSSINGS

Wetlands are areas where soils are saturated or flooded for a significant part of the year, where water-loving plants are found, and where soils have taken on special characteristics. (See page 8 for more discussion and examples of wetlands.) The large amount of water and organic matter in wetland soils make them difficult to work in. Wetland soils have low weight-bearing capacity and therefore are weaker than upland soils. In addition, it is common for water to be moving through the soil near the surface.

BMPs in wetlands help minimize two primary impacts: sedimentation and the alteration of water flow through the wetland soils. Sedimentation is primarily a concern for non-forested wetlands. Sedimentation in forested wetlands is somewhat less of an issue when there are no other waterbodies flowing through them. Several wetland BMPs provide ways to increase the strength, or bearing capacity, of the soil (minimizing rutting) and to maintain water movement through the wetland soil.

### **PLAN AHEAD**

## **SMPs**

- Construct permanent wetland crossings only if there is no reasonable alternative. Can the wetland crossing be avoided by re-routing the road or trail?
- Get assistance from a professional engineer or licensed forester if you need to construct permanent roads in non-forested wetlands. These professionals can minimize your costs as well as the impacts on water quality.
- Avoid building winter crossings in areas with moving water that does not freeze well.
- Design wetland crossings that will remain stable and will not restrict water flow during wet periods, especially at spring high water.
- Determine the maintenance and closeout needs, and who will be responsible for these tasks.

## **BMPs**

- 1 Minimize the length and width of the road or trail within the wetland.
- 2 Temporary crossings are preferred.
  Use wooden mats, log corduroy, or similar structures to cross wetlands.
- 3 Stabilize the approaches to nonforested wetland crossings, and the road and trail surfaces within the wetland itself. The approaches should be stabilized out to the edge of the filter area. Filter areas around non-forested wetlands begin at the border between non-forested and forested areas (to the degree that it can be identified.) See page 24 for more information on soil stabilization.

Soil disturbance, fill, and other alterations in wetlands (both forested and non-forested) may require permits from one or more government agencies. Call the Maine Forest Service first at 1-800-367-0223 (in state only), or (207) 287-2791. They can refer you to the appropriate agencies.

4 Filter areas within forested wetlands need to be stabilized, too. In these cases, the filter area is based on the location of streams that flow through the wetlands.



Wetland culverts allow for cross drainage if the road fill does not.

## **TEMPORARY CROSSINGS**

**BMPs** 

- Cross wetlands on frozen ground if possible.
- 2 Use brush, if necessary, to increase the soil's bearing capacity.
- 3 Avoid rutting as much as possible.

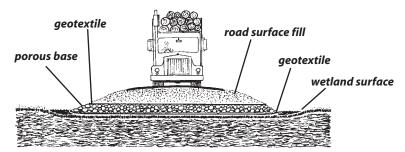


Log corduroy used for a skid trail across a wet area.

#### PERMANENT CROSSINGS

**BMPs** 

Use road base materials such as waste wood, poles, corduroy, or large stone that permit water to flow through the road's sub-base. If necessary, use these materials in combination with geotextiles to keep the different layers of road material separate or to isolate the wet soils. This will increase the bearing capacity of the road so it can stand up to heavier loads and traffic.





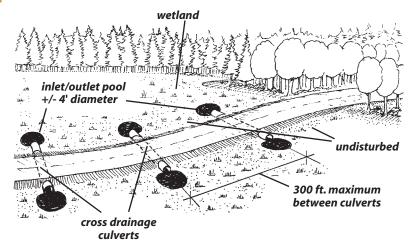
Use geotextile to keep fill from mixing with the wetland soil.

**BMPs** 

Limit excavation and other disturbances to the organic mat and the soil. If you can maintain the natural water flow without ditching, do so.

BMPs

3 If the drainage through the road base is not adequate (if the road is damming water), install cross-draining culverts or other structures to allow water to flow through.



**BMPs** 

Use side ditches, parallel to the road, only when they are needed to collect flowing surface and subsurface water. Disperse the water to undisturbed areas.

## **MAINTAIN IT**

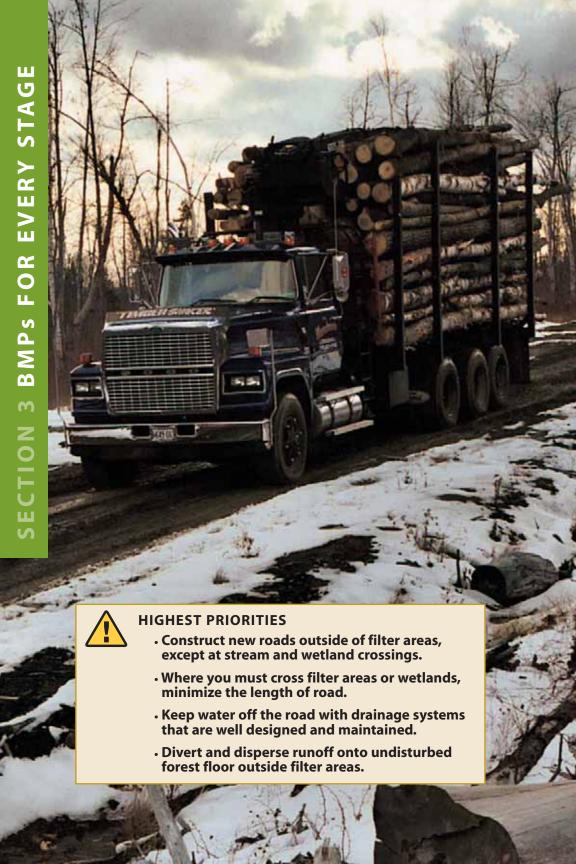
3MPs

- 1 Use temporary crossings when the ground is frozen. Pack or plow the snow to help freeze the ground.
- 2 Keep cross drainage structures functioning by clearing debris that can plug them.
- Whenever possible, use equipment with wide tires, tracks, or other features that distribute the weight.

## **CLOSE IT OUT CORRECTLY**

BMPs

- 1 Identify the long-term monitoring and maintenance needs appropriate to the harvest site and communicate these to the landowner, forester, and logger.
- 2 After harvesting, remove wooden mats, log corduroy, or similar temporary structures used to cross non-forested wetlands.



### TRUCK ROADS

This section contains BMPs for roads used primarily for hauling wood from the landing by truck. The design, materials, specifications, and use of these roads vary widely, but they are all referred to as "truck roads" in this section, whether it is a short 100-foot spur, or an extensive road system.

BMPs for truck roads are *critical* for protecting water quality in and around filter areas, and for minimizing runoff.

The construction and use of truck roads can sometimes cause significant water quality problems. Road construction may alter the flow of water over and through the ground. Truck roads expose soil over a large area and get heavy use. They often require permanent stream crossings. All of these factors pose risks to the quality of nearby water-bodies. However, most negative impacts on water quality can be avoided if truck roads are designed, constructed, and maintained properly.

Well-planned and -built roads make sense both economically, and environmentally. Road BMPs:

- extend the seasons the road can be used.
- reduce road wear and maintenance costs,
- enable trucks to haul heavier loads,
- lower truck maintenance costs,
- reduce travel time, and
- protect water quality during and after harvests.



#### **ALL TRUCK ROADS**

## **3MPs**

- 1 Determine the size and type of road needed. Plan roads that are appropriate to the immediate harvest needs and the long-term forest management objectives. Consider the harvest characteristics (the volume and types of products, terrain, soils), all current uses of the road, and other features of the property (the shape of the lot, proximity to neighboring lots, and long-term management plans).
- 2 Identify the future forest management uses of the road, after the current operation is closed out. Is the road likely to be used for precommercial operations like pruning? Is access for fire suppression important? How often will the road be used for harvesting?
- 3 Determine the maintenance and closeout needs, and who will be responsible for these tasks.
- Know the legal requirements for roads. Are local or state permits required?

#### **NEW ROADS**

## **SMPs**

- Plan and design new roads that will meet your harvest needs.
  - What size truck will be used?
  - During what season will you be cutting, and how long will the harvest last?
  - What are the safety considerations?
  - What are the long-term road uses:
    - permanent or temporary access?
    - recreation or other road uses?
    - future harvests?
- 2 Think about how you want the road to fit into the access system for the entire property. Elements to consider are:
  - the direction of travel,
  - turnarounds,
  - entrances,
  - total road length, and
  - connections to other roads.

#### **OLD ROADS**

## **BMPs**

- 1 Determine if old roads can be re-used or upgraded with minimal impacts to water quality. Consider the road's location, the existing drainage (i.e., where does the water flow?), the potential for additional drainage, and intended uses.
- Consider relocating roads that:
  - encroach on a filter area unnecessarily;
  - have poorly placed or unnecessary stream crossings;
  - have poor drainage; and/or
  - have unstable soils that cannot be improved (especially gullied roads, roads in ravines, or roads that collect and hold water).

In some situations, there may be laws that govern when, where, and how old roads can be upgraded. Contact the Maine Forest Service, the Maine Department of Environmental Protection, the Land Use Regulation Commission, and/or the town Code Enforcement Officer for more information.

#### LOCATING AND LAYING OUT NEW ROADS

Lay out new roads so that they fit the terrain, ground conditions, and equipment you will be using. It is often helpful to use a topographic map and aerial photos for this.

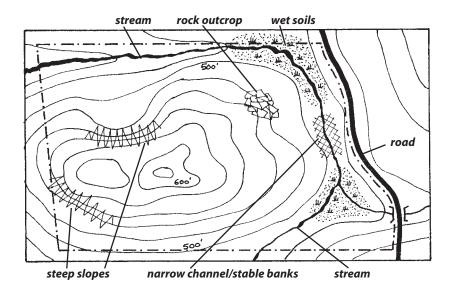
These recommendations are not intended to substitute for obtaining engineering advice or abiding by regulations in the appropriate circumstances.

## **SMPs**

 Identify important features on maps, aerial photos, and in the field.

Be sure to include:

- the boundaries of the property and the area to be harvested;
- water bodies and filter areas;
- ephemeral, wet, or poorly drained areas next to water bodies;
- existing roads, entrances, landings;
- stands: and
- terrain features such as steep slopes, flat benches, rock outcrops, gullies, bowls, and ridges.



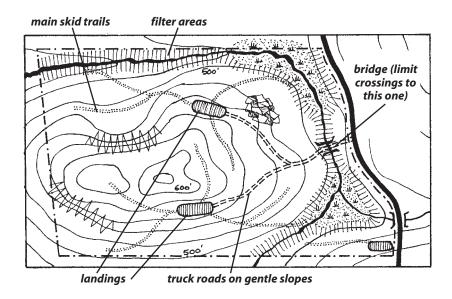
Map out important features on the ground first...

## **3MPs**

- 2 Mark the harvest boundaries, water bodies, new road locations, stream crossings, and filter areas on-site.
- Eay out roads where there are better-drained soils, gentle slopes (ideally 2–5%), and good stream crossing locations.
- 4 Minimize the overall road length, while still meeting operational objectives, including preferred log landing locations.
- 5 Minimize road sections where water may be difficult to drain or divert.

Pay special attention to:

- road grades greater than 10% (over 15% in mountainous terrain);
- long, unbroken grades;
- long, flat stretches; and
- roads laid out straight up- or downhill that still require ditches.
- 6 Avoid filter areas (except at appropriate stream crossing locations); ephemeral, wet, or poorly drained areas; floodplains; and steep slopes, outcrops, gullies, or ravines.



...then lay out the roads, trails, etc.

BMPs protect water quality when building new roads or upgrading old ones. Using BMPs protects the condition of, and investment in, the road.

#### **TIMING**

3MPs

- Whenever possible, construct roads during dry periods or when the ground is frozen.
- Minimize work during heavy rains and/or wet periods.
- Plan how and when roads built during the winter will be stabilized.
- 4 If possible, build roads before you intend to use them heavily so that they have time to settle and stabilize.

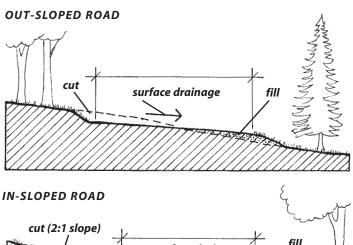


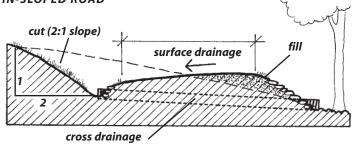


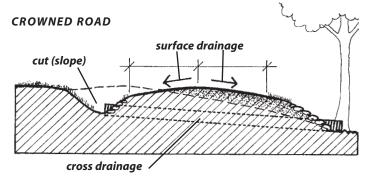
#### CONSTRUCTION

**MPs** 

- 1 Shape roads to move water off the road surface using a crown, an out-slope (this may present a safety hazard in icy conditions or on curves), or an in-slope (this will often require ditches and cross-drainage structures).
- Use gravel, crushed stone, or other surface material (with or without geotextile) to stabilize roads, shed water, and increase the weight-bearing capacity.
- Maintain cut and fill slopes at a natural angle of repose or less (2:1 for average soils) wherever possible.







**BMPs** 

- As the construction progresses, stabilize areas of exposed soil that will receive road runoff such as cut-and-fill slopes, steep road shoulders, and erosion-prone soils in filter areas.
- 5 Use temporary sediment barriers to slow flowing water and trap sediment during construction.



# Controlling the Water

#### DRAINAGE AND DIVERSION STRUCTURES

Water diversions minimize the amount of run-off that reaches water-bodies. These diversions can include cross-drainage structures, ditches, turnouts, and other structures that divert water away from the road and disperse it into areas of undisturbed forest floor.

**BMPs** 

Construct roadside ditches to carry runoff from the road surface and uphill areas. Ditches with a flattened U-shape (a broad, rounded bottom and sloping sides) are preferred—avoid straight-sided ditches.



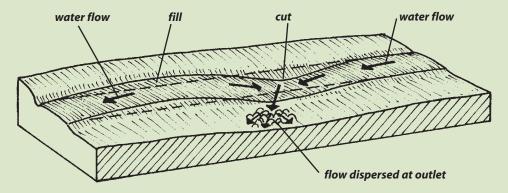
Grass and stone stabilized ditch



U-shaped, grass stabilized ditch

3MPs

Divert water off the road surface and away from the road using natural dips (or grade breaks), broad-based dips, culverts, turnouts, or similar techniques.



Space water diversions close enough together to control the volume and **speed of water.** The recommended spacing varies widely, depending on the grade (steeper grades require closer spacing). Refer to Table D for th most appropriate for the slope Choosing appropriate locations diversions may be more import spacing on some sites.

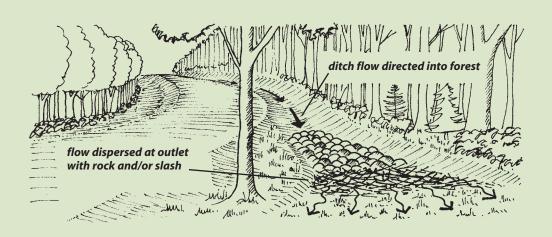
ire closer he spacing	Road Grade (%)	Spacing (ft)	
at hand. s for the	0-2	250-500	
tant than	3-5	165-250	
	6-10	140-165	
culverts	11-15	125-140	
their dia-	16-20	100-125	
e at least a	21+	<100	
to minimize			

Table D

**Spacing for** 

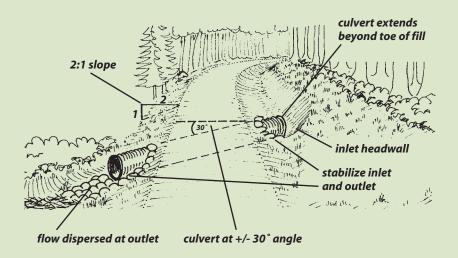
**Water Diversion** 

- The location and spacing of compared in the space of compared in the space of th is often more important than meter. For round culverts, use 15- to 18-inch diameter size to plugging and maintenance.
- 5 Disperse water flowing from the outlets of diversion structures or from downhill road shoulders using brush berms, riprap aprons, or other methods—before it enters the filter area.
- 6 Construct settling basins outside the filter area if water from ditches cannot be diverted off the road onto undisturbed forest floor. Settling basins will require periodic maintenance and cleaning.



#### **CROSS-DRAINAGE CULVERTS**

Cross-drainage culverts may be metal, plastic, concrete, or wood (box culverts). Permanent or temporary culverts are most effective when installed according to the following specifications.

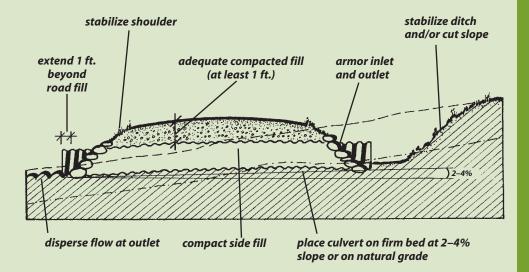


BMPs

Install a berm or diversion headwall that directs ditch water into the culvert and protects the culvert end.

Ideally, the berm is left in place during the excavation of the ditch.





- 2 Install culverts at a 2–4% slope and at a 30° angle to the road.
- 3 Stabilize areas around the inlet and outlet with riprap or other material, and extend the culvert at least 1 foot from the road fill on either end.
- Install culverts on top of adequate bedding material (native soil or, if necessary, added fill) that is free of branches or large rocks.
- Cover the culvert with compacted material to a depth of half the culvert diameter (or a minimum of 1 foot) or to the manufacturer's recommended specifications.



#### **MAINTAIN IT**

Proper road maintenance protects water quality and the road by keeping the BMPs functioning. If these structures fail, significant water pollution can result, most often during severe rainfall or snowmelt. Many of the structures used to divert water from road and trail surfaces should be maintained both during and after





the harvest (unless the road is closed out). Periodically removing accumulated sediment in these structures will keep them operating as they were designed to.

# **SMPs**

- 1 Avoid using roads during wet seasons or after heavy rains. Let wet roads dry out or freeze before re-using them.
- Regrade the road surface if the crown is lost from heavy use.

  This prevents water from running in the wheel ruts. Don't leave material at the road's edge. Such "false ditches" can carry water along the road edge, bypass the BMPs, and channel the water into filter areas or crossings.
- Inspect ditches to make sure they have not begun to fill in, slump, or develop channels. Clear blocked ditches.
- Re-shape and/or stabilize ditches as needed with erosion control mats, or by other methods.
- 5 Stabilize exposed soils within filter areas and areas that drain directly to waterbodies. Where your original stabilization techniques are no longer effective, restabilize using additional materials (mulch, brush, and/or seeding) or other techniques.
- Keep cross-drainage culverts free of debris and accumulated sediment at their inlet and outlet. Repair the outfall protection if water is eroding the soil around it.
- Maintain the riprap or other armoring at culvert ends to prevent erosion around the pipe and to protect the ends from physical damage.
- Replace culverts that have been undermined or crushed, before they fail.
- Clean out settling basins, ponds, and check dams well before they fill up with sediment.

#### **CLOSE IT OUT CORRECTLY**

Most erosion and sedimentation from roads happens within two years of the operation. Road closeout BMPs are best used before leaving the site for any extended period, or after the harvest is completed—even if you expect to use the road again. These BMPs prevent damage, ensuring that the road can be used again in the future. Of course, they also prevent water pollution.

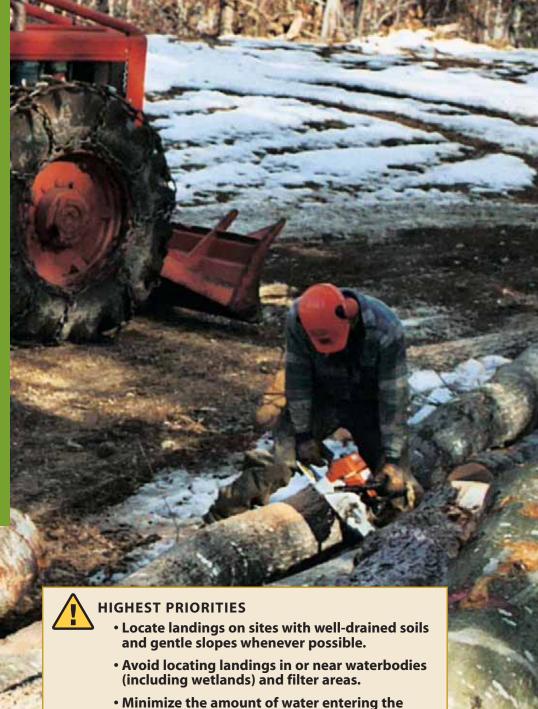
- As a first step, identify the long-term monitoring and maintenance needs appropriate to the harvest site, communicate these to the landowner, forester, and logger, and decide who will be responsible for each task.
- Close out road sections as portions of the harvest are completed.
- Make sure drainage structures are functioning correctly, are free of debris and accumulated sediment at their inlet and outlet, and are adequately sized for storm events.

If you are planning to close access roads permanently, notify the Maine Forest Service at 1 (800) 367-0223 (instate) or (207) 287-2791.

- 4 Stabilize and seed exposed soils outside the travel surface, within filter areas, and in areas that drain to waterbodies.
- 5 Reshape and stabilize the road surface and ditches as needed.
- Remove temporary sediment barriers such as hay bales and filter fences.
- Divert water entering the road from skid trails, log landings, or other roads.
- If necessary, limit or block vehicle access to prevent damage or rutting (if this is compatible with the landowner's objectives).



Revegetated road ditches carry water without eroding.



landing from roads or skid trails.

• Stabilize and maintain the landing surface.

#### LOG LANDINGS

Log landings are the cleared areas in the harvest area where logs and other products are brought from the woods and piled, sorted, or stored before being loaded onto trucks. Log landings are sometimes referred to as log yards or decks. Landings are also where hazardous materials often are stored or used to maintain and repair equipment and roads. Please refer to the "Hazardous Materials" section on page 88 for BMPs that deal with these substances.

BMPs will help prevent negative impacts to water quality and can extend the use of log landings during—and long after—the harvest. Landings are often the most visible part of the operation. BMPs may help maintain or improve the landing's appearance while demonstrating conscientious work to the public.

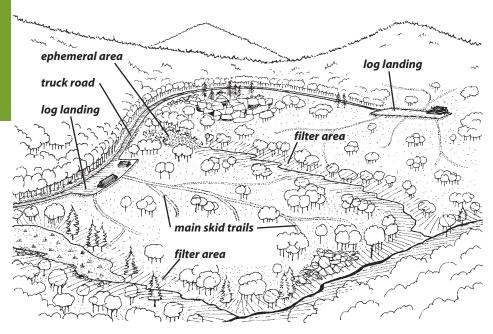
#### **PLAN AHEAD**

Log landings are busy places where a relatively large amount of soil may be exposed or disturbed. It is therefore important to locate landings away from water and maintain erosion controls.



#### **PLAN AHEAD**

- Use maps and field information to decide the best location for log landings. Preferred sites are:
  - on well-drained soils;
  - on gently sloping (not flat) ground; and
  - outside filter areas.
- Keep the landing as small as possible and still meet the requirements of the equipment, the quantity and type of products, and safety.
- Mark the landing boundaries before construction begins.
- 4 Lay out skid trails and roads so that water cannot flow into or out of the landing where they enter.
- 5 Plan how you will stabilize exposed soil on the landing after the job.
- 6 If landings already exist, determine if they can be reused with adequate erosion controls. If not, relocate them.



Select landing locations carefully.

#### **BUILD IT RIGHT**

- Minimize the area of the landing that is stumped or grubbed.

  Logs may sometimes be piled on relatively undisturbed soil or forest floor, within reach of loading equipment.
- Install drainage ditches, water bars, or berms to drain the landing to areas of undisturbed forest floor, or to road drainage systems that can handle the amount of water coming off the landing.
- 3 Surface the landing with wood chips, stone, or aggregate if it will help stabilize the surface and shed water. Use these materials on top of geotextiles, if necessary.
- 4 During construction, install temporary sediment barriers (such as hay bales or silt fences) to keep newly exposed soil from entering flowing water and filter areas. See page 29 for more information on temporary sediment barriers.



Slash and logging debris can help stabilize exposed soil on log landings.

### **MAINTAIN IT**

- Maintain the landing surface to keep water from collecting or channeling.
- Maintain drainage structures on roads and trails to keep water from entering the landing.
- 3 Install temporary or short-term measures (e.g., waterbars) on skid trails if significant rain is likely during operations.
- 4 Allow landings to dry out after significant rainfall.



A well-maintained, well-drained landing.

#### **CLOSE IT OUT CORRECTLY**

- As a first step, identify the long-term monitoring and maintenance needs, decide who is responsible for these tasks, and make sure everyone involved in the operation is notified.
- Prevent water from entering or exiting the landing via roads or skid trails. If necessary, install water bars or similar diversions to divert flowing water to the undisturbed forest floor.
- Seed, mulch, or otherwise stabilize the landing to establish a vegetative cover. This is particularly important near waterbodies and filter areas. If the soils in the landing are severely compacted, some site preparation may be necessary before vegetation can take root.
- 4 Limit vehicle access to the landing (if this is compatible with the landowner's objectives).
- Remove any temporary erosion control structures such as staked hay bales or silt fences. Make sure that permanent measures are in place.



Seeded and mulched landing area.

#### TRAILS AND HARVESTING

Much of the activity on a harvest operation happens on logging trails, away from truck roads and log landings. Trails may be cut for skidders, forwarders, felling machinery, and other equipment. Logging trails often require little or no excavation, and are usually temporary.

#### **PLAN AHEAD**

#### **WORKING IN FILTER AREAS**

Clearing trails and cutting trees, by themselves, may have a limited or temporary impact on water quality. However, when trails and trees are cut within a filter area, the potential for negative impacts on water quality increases.

- Determine how much and where to cut within the filter area first; then plan your trail layout. Limiting the harvest activity within the filter area is an important practice for protecting water quality during harvesting.
- 2 Delineate filter areas in the field that are of appropriate width around waterbodies (including non-forested wetlands). The size of the filter area should be based on site and stand conditions, but at least the width shown in Table A on page 22.



#### **PLAN AHEAD**

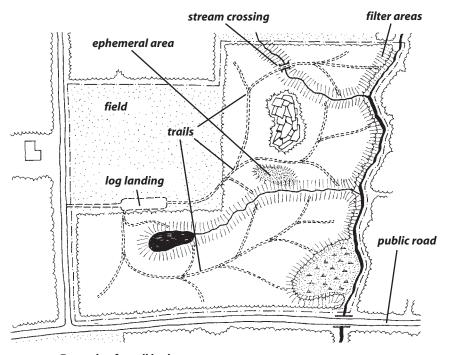
#### TRAIL LAYOUT

Locating and laying out skidding or forwarding trails in advance, especially main trails, can prevent problems. Consider the terrain, where the wood is, the lean of the timber, available equipment, the grade, soil conditions, skidding distance, filter areas along streams, and stream crossings. Good planning may reduce the skidding costs, and can reduce or eliminate the need for additional BMPs and structures.

# **BMPs**

- If possible, lay out trails for winter harvests in advance when there is no snow on the ground. Ideally, lay out trails on bare ground during wet seasons.
- Whenever possible, lay out main trails to avoid waterbodies and their associated filter areas, wet spots, seeps, and the bases of slopes.
- Keep trails out of stream channels and off the banks of waterbodies.
- 4 Construct trails on the contour, if it is safe to do so.

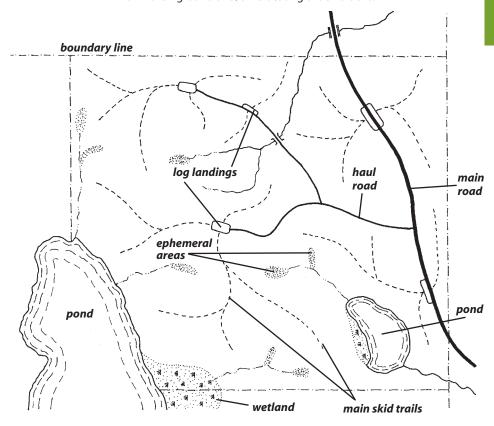
  Avoid skidding straight up and down hills. Remember that trail systems that run downhill to the landing tend to concentrate runoff.



Example of small lot layout.

#### **PLAN AHEAD**

- 5 Plan to divert water from the trails to the undisturbed forest floor.
- 6 Minimize trail sections on steep slopes (>15%) wherever possible.
- Plan to harvest during appropriate soil and weather conditions (preferably on dry or frozen ground).
- Before you use old trails in the harvest area, consider whether water will run in them and where this water goes. Use existing trails only if runoff can be kept out of waterbodies by:
  - diverting water from the trail (for example, by using waterbars); and
  - using brush or other materials to prevent ruts from developing or deepening.
  - If old trails are deeply rutted and the site cannot be harvested without additional rutting, consider harvesting on frozen ground and/or relocating the skid trails.



Example of large lot layout.

#### **BUILD IT RIGHT**

- 1 Construct trails using simple structures that divert water.

  Keeping water out of the trail not only prevents erosion, but also reduces equipment wear and extends the period that the trail is usable (both during and after wet weather).
- If possible, limit the use of equipment in filter areas, or harvest only on frozen ground.
- 2 Limit the amount of disturbed soil in filter areas and make sure that any sediment is filtered out before it reaches surface water. This reduces the impact of skidding and forwarding.
- Use brush to reduce the amount of ground compaction the equipment causes, to prevent soil disturbance, and to stabilize areas of exposed soil in filter areas.



Brush on skid trails, as well as frozen ground, helps minimize soil disturbance and rutting.

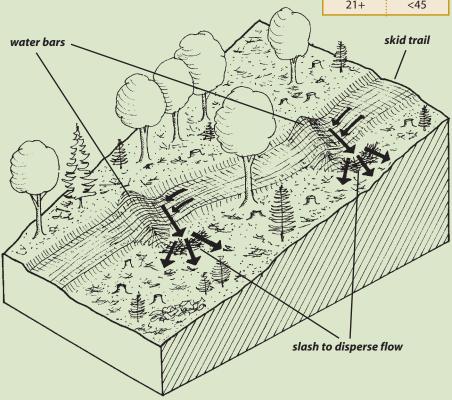
# Water Diversions for trails

# **BMPs**

- Install water bars, skid humps, or other diversions to move water off the trail, preferably before it reaches the filter area.
- 2 Locate waterbars and other diversions frequently enough to prevent water from accumulating, based on Table E. On some sites, choosing appropriate locations for diversions may be more important than their spacing.

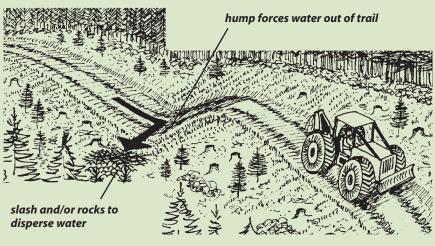
#### Table E Waterbar Spacing Guidelines

Slope (%)	Spacing (ft)
1-2	250-400
3-5	135-250
6-10	80-135
11-15	60-80
16-20	45-60
21+	<45



# **BMPs**

- 3 Make waterbars at least 6-12 inches deep, 6-12 inches high, and install them at a 30-degree angle to the trail.
- Extend the water bar inlet and outlet 1 foot or more beyond the trail to keep the diverted water from re-entering the trail.
- Use the terrain to incorporate natural skid humps into the trail layout, to help divert water from the trail.
- 6 Put brush in the trail, as needed, to help disperse water.



Skid hump.

#### **HARVEST IT RIGHT**

Trees and other vegetation are important components of filter areas. One of the most important BMPs for trails is to keep enough trees and other vegetation within the filter area to provide adequate shade, stabilize the banks, limit impacts to soils, and supply organic material to the water.



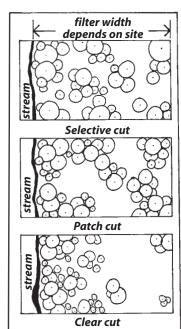
Harvest restrictions and required practices may

apply in some jurisdictions. Call the Maine Forest Service at 1 (800) 367-0223 instate or (207) 287-2791 for assistance.

## 3MPs

- Modify the filter area width as needed to achieve the goals mentioned above.
- 2 Maintain a diverse species composition.
- Retain a range of both largerand smaller-diameter trees.
- 4 Leave an adequate canopy of trees and shrubs to shade the water surface and provide leaf litter.
- 5 Limit harvesting that removes most of the forest structure (like clearcuts or overstory removal) in filter areas. Some small patch openings may be appropriate if they maintain or enhance the forest structure.
- In general, harvest less and less intensively as you get nearer to the waterbody, although harvest intensity will vary with local stand conditions.
- Use directional felling to drop trees away from waterbodies.

  Avoid dropping slash or logs into stream channels and other waterbodies.



No matter the type of cut, always retain more trees near waterbodies.

Remove slash that has fallen into waterbodies with a boom, winch, or by hand. Leave any tops or stems that have fallen into the water naturally.

### **MAINTAIN IT**

- Use brush on main trails and in filter areas to prevent ruts from developing. If ruts develop anyway, stabilize them using more brush and consider relocating to firmer ground, or waiting for drier or frozen conditions.
- Inspect and maintain water bars periodically to prevent water channels from developing in the trails.
- Stay alert to weather forecasts of significant rain or substantial thawing. Consider:
  - limiting equipment use, working in a different area, or doing other work until the site dries up or refreezes;
  - applying brush to soft areas to distribute the equipment's weight before problems develop; and
  - installing additional temporary diversions, especially water bars, to prevent water from running in the trail.



Water bars move water out of the trail onto the forest floor.

### **CLOSE IT OUT CORRECTLY**

Proper closeout ensures that future problems do not develop.

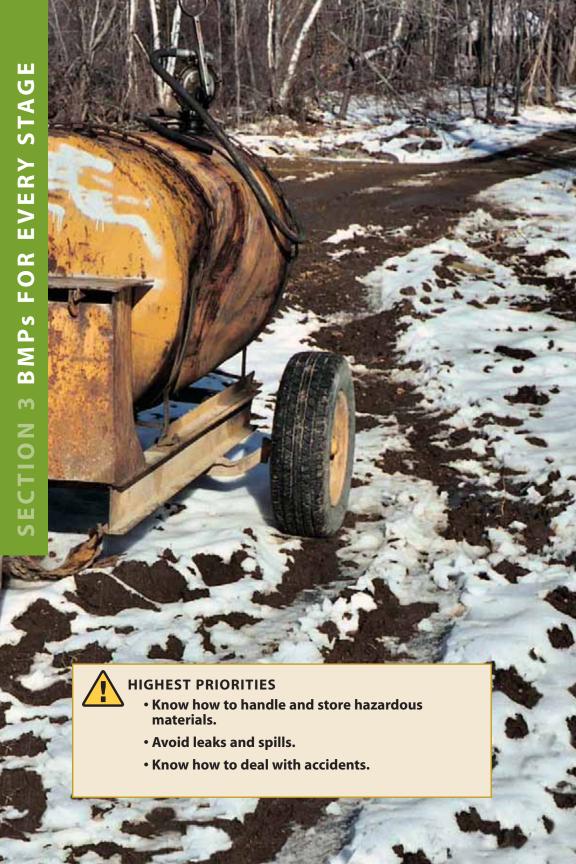
**BMPs** 

Identify the long-term monitoring and maintenance needs appropriate to the harvest site and decide who is responsible for them. Communicate this to the landowner, forester, and logger.



A trail closed-out with water bar and seeding.

- 2 Close out unused trails as the job progresses.
- Install diversions such as water bars on trails before leaving a site permanently or suspending operations for more than a few weeks. Diversions should be installed wherever water channels could develop that will carry runoff to waterbodies or their filter areas.
- 4 Smooth rutted trails if necessary to keep channels from forming, and to divert runoff directly into filter areas.

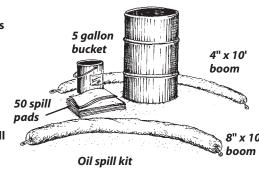


#### HAZARDOUS MATERIALS

#### **FUELS, OIL, AND COOLANTS**

Oils, fuels, hydraulic fluids, coolants, etc. are hazardous materials commonly used at log landings. It is important to know how to handle these materials, how to avoid spills while maintaining or repairing equipment, and how to respond to accidents.

Use appropriate containers for collecting and storing oils, fuels, coolants, or hazardous wastes. Store these materials in designated areas and remove them from the site when they are no longer needed.



55 gallon drum

- Maintain and repair all equipment outside of filter areas. Inspect hoses, fuel trucks, and
  - tanks for leaks, and make repairs immediately.
- Have spill kits or other absorbent materials for mopping up spills readily available. Hay or sawdust may be adequate for very small spills. Waste containment kits are available commercially and should be on hand for larger spills.
- If a spill occurs, keep it from flowing off the yard and into surface waters.
- 5 Know what state agency phone numbers to call in case of an emergency.
- Collect trash and dispose of it properly.

For assistance with spills of hazardous materials, call the Department of Environmental Protection's Division of Response Services office nearest you:

Augusta (207) 287-7800 Bangor (207) 941-4570 Presque Isle (207) 764-0477 Portland (207) 822-6300

In an emergency, call

1 (800) 482-0777 (oils/fuels)

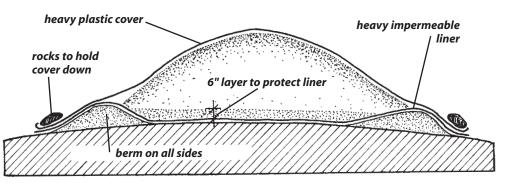
1 (800) 452-4664 (other chemicals)

### TEMPORARY SAND AND SALT STORAGE AREAS

Sand and salt are often necessary to maintain safe winter conditions on truck roads. The following BMPs will help minimize or eliminate the possibility that these materials will discharge from storage areas to waterbodies or into the groundwater.

## **SMPs**

- Locate sand and salt storage areas away from waterbodies, wetlands, ephemeral flow areas, or other wet areas. At a minimum, storage areas should be outside filter areas.
- 2 Locate storage areas on high flat ground, near the road, and away from water diversions that direct water into road ditches.
- Enclose the storage area with a berm high enough to contain rain and snow that may collect in the storage area. Put a heavy impermeable liner, such as heavy plastic, on the ground where the sand and salt will be stored. Run the liner up the sides of the berm. The goal is to minimize the amount of moisture reaching the groundwater.
- 4 Leave at least a 6-inch layer of mixed sand and salt over the liner at all times to avoid puncturing it when digging in the pile.
- Cover the sand and salt mixture with heavy plastic when it is not being used.
- When abandoning the site, remove the remaining sand and salt mixture and the liner, and properly dispose of them off-site.
- **Return the site to its original condition.**If necessary, seed or plant with a vegetative cover.



Temporary salt and sand storage pile

#### HERBICIDE AND PESTICIDE USE

All herbicides and pesticides are regulated by state law through the Board of Pesticide Control (Maine Department of Agriculture, Food, and Rural Resources). Commercial herbicide and pesticide applicators must be licensed and certified by the Board. Landowners or managers who wish to apply herbicides and pesticides themselves on their own land should contact the Board before proceeding.



# BMPs

- Maintain the required buffers between spray operations and waterbodies.
- 2 Apply pesticides and herbicides during favorable weather conditions.
- 3 Abide by all pesticide label requirements, including use rates, handling, storage, and disposal.
- All herbicide and pesticide handling—mixing, loading, equipment cleaning, and storage—should be done away from waterbodies, outside filter areas, and away from road drainage systems.
- Remove stored chemicals from the site when they are no longer needed.
- 6 Have spill kits or other absorbent materials on hand for mopping up spills.